

CATALYST Veterinary Practice Consultants

Veterinary Team Accountability-Look in the Mirror



BE Accountable Exercise

6 questions to answer (no delegation, own it!)

1. Do you recognize your life and career are in your hands, alone?
2. Who is responsible for your happiness and success?
3. What do you want in your life?
4. What do you want in your career?
5. What actions are you willing to take to achieve what you want your life?
6. What actions are you willing to take to achieve what you want in your career?

Answer 4 of the following questions

Hold yourself accountable

Today, how did I:

1. Help a team member?
2. Develop as a Professional?
3. Add value?
4. See something and do something about it?
5. Make excellent choices?
6. Take ownership?
7. Have a positive attitude?
8. Practice "If it is to be, it's up to me"?